



**TEACHER FEEDBACK:**

*"It's so important for kids to have this information so they know what to do if a situation ever arises."*  
~Stocking Elementary teacher

*"You handled a difficult topic fantastically with easy to understand language."*  
~East Elementary teacher

*"Nice mix of discussion, video & activities."*  
~North Godwin Elementary teacher

*"This was a non-threatening presentation allowing students to be making evaluative decisions on touches and sharing the feeling openly. Well done!"*  
~North Park Elementary teacher

*"This was extremely helpful and informative. What a great program!"*  
~Pine Island Elementary teacher

**PARENT FEEDBACK:**

*"Instructor went over material in a way that the children understood. The breakdown was clear and simple."*  
~Sherwood Park parent

*"Very well done—children were very comfortable in discussions."*  
~Grandville Elementary parent

*"Very necessary presentation - It's great for kids to learn that there's a way to make the abuse stop."*  
~Pine Island parent



*"I enjoyed it and it gave me a better way to explain this to my child."*  
~Campus Elementary parent

# KIDZ HAVE RIGHTS

A program of the Children's Assessment Center



**YOUR BODY BELONGS TO YOU**

**A Body Safety Program  
for 2nd-5th grades**

Program Information for:

**Principals, Teachers,  
Social Workers, Counselors,  
School Nurses**

Contact: Program Coordinator, 616-336-4265  
Visit us online at: [www.cac-kent.org](http://www.cac-kent.org)

Some of the support materials included in the program.



# KIDZ HAVE RIGHTS: A BODY SAFETY PROGRAM FOR 2ND-5TH GRADES

PROGRAM INFORMATION FOR: PRINCIPALS, TEACHERS, SOCIAL WORKERS, COUNSELORS, SCHOOL NURSES

**OVERVIEW:** The KIDZ Have Rights (KHR) presentation utilizes a curriculum that was created with experiential activities that focus on identifying three types of touches—nurturing, confusing, and selfish—along with the feelings that accompany these different types of touches. **Your Body Belongs to You**, a 12 minute video about a boy who was touched in a selfish way and how he responded to the situation, is part of the curriculum. Several activities are used to reinforce what is being taught, such as Touch Situation Cards, Feelings Cards, Safety Plan Cards, a take-home Bookmark, and Reinforcement Worksheets.

## **YOUR BODY BELONGS TO YOU VIDEO:**

This educational video teaches students/kids that they have “rights.” This is demonstrated by telling a story of a little boy named John, who is being inappropriately touched by his stepfather. John struggles with being able to tell an adult about his situation because he is afraid that he will not be believed and will be in trouble. John finds support from his friends and tells his teacher about his abuse.



## **LENGTH OF PROGRAM:**

3rd –5th grade 60 minutes

2nd grade 45 minutes (video is omitted)

**Parent Consent:** Based on your school policy we offer two types of letters (English and Spanish): the first is a letter requesting returned consent and the second is a letter of implied consent. ***Parents are always welcome to attend a KHR presentation.***

**TEACHER TRAINING:** It is requested that teachers view the 10- minute Teacher Training portion of the video prior to their students’ participation in a KHR presentation. This portion is a refresher on their role as a mandated reporter and discusses signs/indicators of abuse and neglect, instructs on how to respond to concerns, instructs on how to appropriately respond to a child’s disclosure, and educates on the legal obligation to report concerns to Children’s Protective Services and how to make reports. Following the viewing of the video a 2-question evaluation is completed.

## **CURRICULUM MATERIALS:**

During the presentation, students will complete a take-home **bookmark** that is also their “safety plan.” This bookmark identifies 3 “Safe Adults” specific to that student. At the end of the presentation, students will receive a KHR **wristband**.



As reinforcements to the KHR presentation, a classroom **poster**, and **Reinforcement Packets** containing 4 worksheets are given to teachers following the presentation. These worksheets are to be completed in class and sent home: the reverse side of the worksheets provide an opportunity for parent/child reinforcement of body safety. In addition, an educational **Parent Brochure** is sent home following the presentation.

**EVALUATION:** Random classrooms will be selected to participate in a 6-question post-test and identical post-post test. This confidential evaluation process is necessary in order to meet the requirements of our funders. This applies only to 3rd-grade classes.

**FEE:** KIDZ Have Rights is a program of the Children’s Assessment Center and is made possible through the financial support of Michigan Children’s Trust Fund, Baldwin Foundation, Michigan Women’s Foundation, Homeyer Foundation, and the Women’s Motorcycle Association’s 2007 Chick Run. When making funding decisions, these foundations consider the support we receive from the schools in Kent County; any financial support is welcome yet is not mandatory.

## **CONTACT:**

For more information or to schedule a presentation contact:

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